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HIS HOLINESS POPE TAWADROS II



**118TH POPE OF ALEXANDRIA AND
PATRIARCH OF THE SEE OF SAINT MARK**



We Are More Than Conquerors Through Him Who Loved Us

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Visit the St. Mark Festival's website at www.smfsus.org
to find the material for the festival and
for guidelines and information on the tests



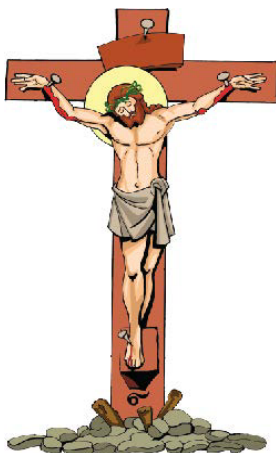
We Are More Than Conquerors Through Him Who Loved Us

St. Mark Festival 2026 Anthem

(The Cross is our salvation, a harbor in the raging sea
The sign of love that reconciled heaven and earth eternally) x2

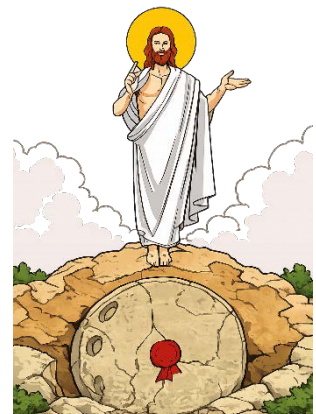
God showed His justice and grace
And gave us His victory
In the middle of the storm,
The Cross lets us live peacefully

(The Cross is a doctrine of our Church
Passed down through her history
In her prayers and her rites
On the Cross God showed His mercy) x2



Through it prophecies were fulfilled
God loved us endlessly
He redeemed us on the Cross
Now we live eternally

("We are more than conquerors
through Him who loved us") x2



The Cross is God's Eternal Plan

Victory in the War with the Amalekites

(Exodus 17:8-16)

Learning about one of the symbols of the Cross in the Old Testament shows us that the Cross is God's eternal plan.

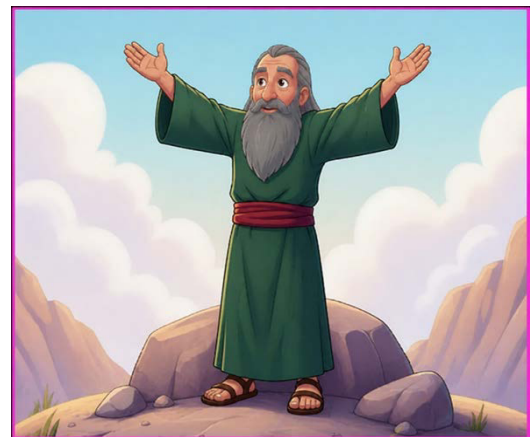
Moses was a great leader who led the people of God to the land of Canaan. One day, he faced a big problem that he could not solve alone. They needed God's help to have victory, which means winning the battle.

Huge and powerful people, called the Amalekites, attacked the people of God. This was the first war the people of God had to fight. Moses asked Joshua, his disciple, to choose strong men to fight against the Amalekites.



The next day, Moses went to the top of a hill with 2 leaders, Aaron and Hur. He took with him the staff of God, which helped him perform many miracles.

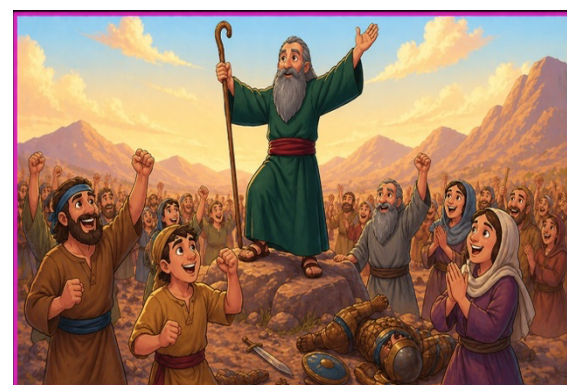
Moses raised his hands in the shape of a cross and prayed to God. Whenever Moses raised his hands toward heaven and prayed, the people of God began to win the battle. But when he became tired and lowered his hands, the Amalekites began to win.



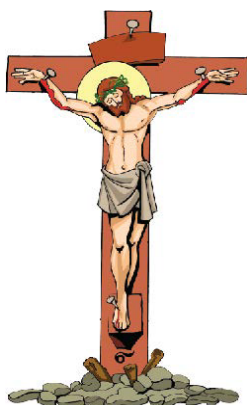
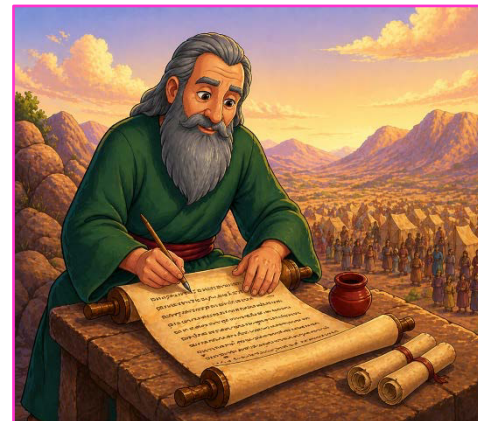
When Aaron and Hur saw that Moses was getting tired, they helped him. They brought a stone for Moses to sit on. Then Aaron held up one of Moses' arms and Hur held up the other arm. They kept his hands raised until the sun went down.



With God's help, the people of God won the battle against the Amalekites.



After the victory, God told Moses to write down what had happened so the people would remember that their strength and victory came from the Lord.



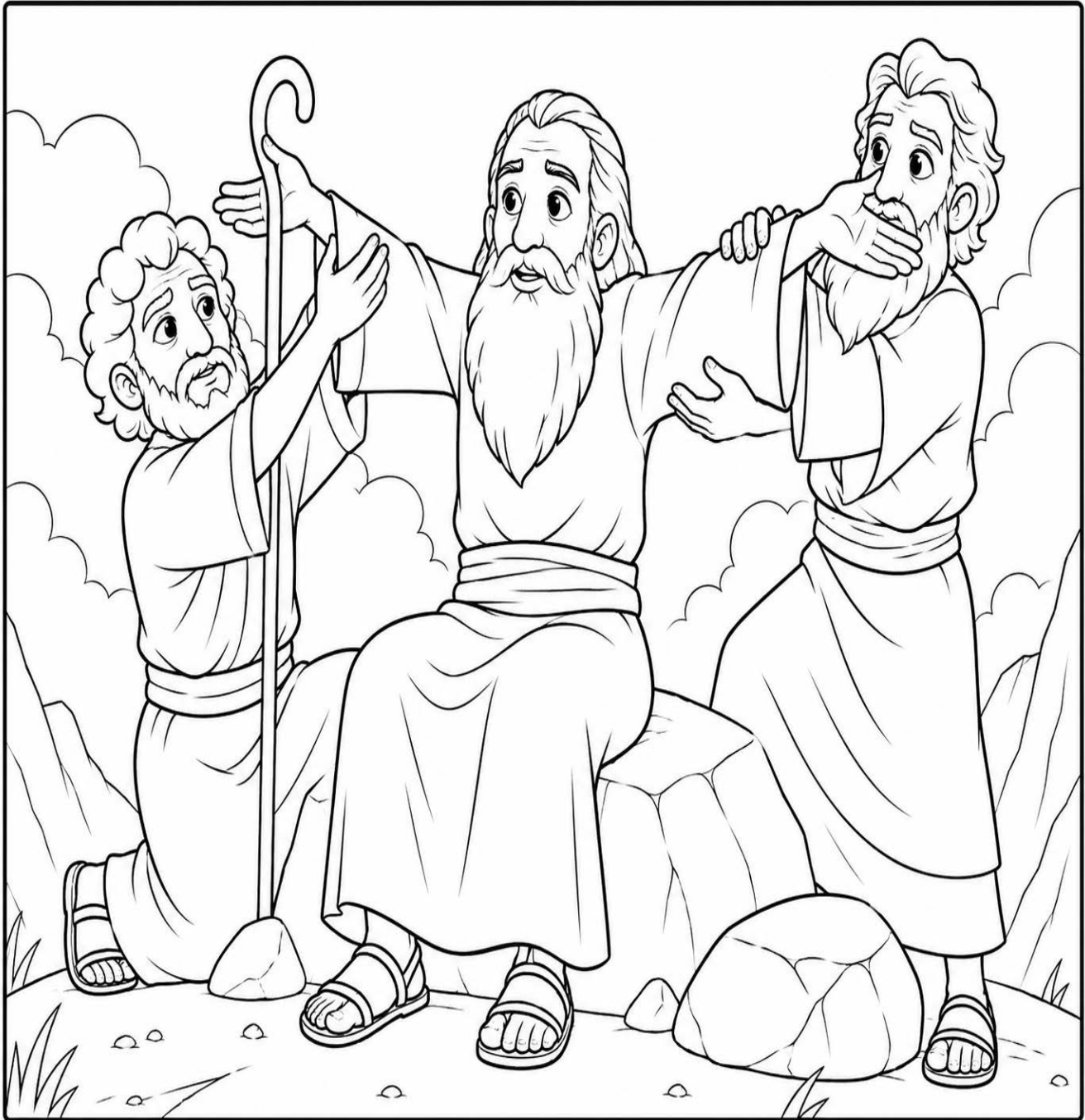
God used this victory to show His children that their strength and victory come through the Cross of our Lord Jesus Christ.

"But deliverance is of the Lord." (Proverbs 21:31)



Color the Picture

Victory in the War with the Amalekites



"But deliverance is of the Lord." (Proverbs 21:31)

Humanity is Saved Through the Cross

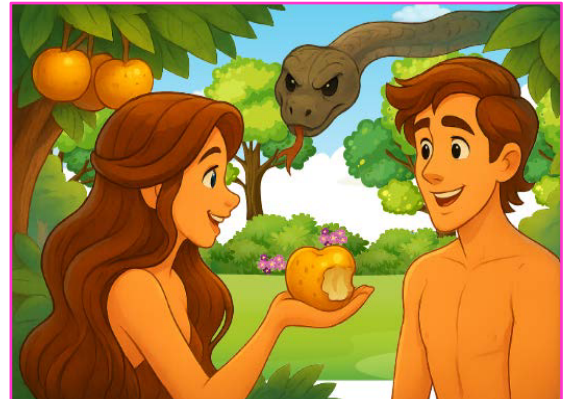
The Lord Jesus Christ Died on the Cross to Save Us

Learning about God's plan for our salvation helps us understand how the Cross saved us.

In the beginning, God created Adam and Eve in the most beautiful image. He allowed them to live with Him in the Garden of Eden. Adam and Eve were very happy with everything God had created for them. Nothing scared them. They never became tired or sick, and all they knew was good.



But one day they sinned and disobeyed God. They ate from the tree that God had told them not to eat from. Because of this sin, their beautiful image changed. They began to feel tired, sick, and afraid.



Because of sin, Adam and Eve could no longer live with God in the Garden of Eden, and sin came to all people.

This was the punishment for their sin.



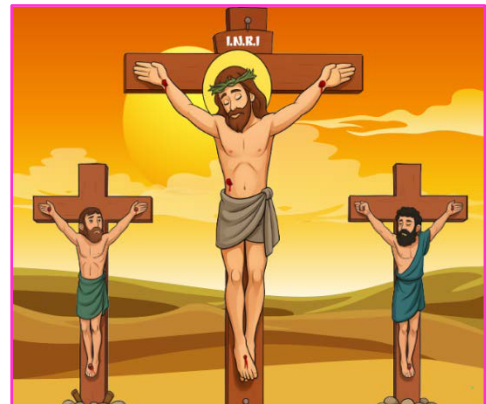
But God loves us so much and wanted everyone to live with Him again, so He chose to take the punishment for our sins Himself in order to save us.

For this reason, our Lord Jesus Christ came down from heaven and was born of the Virgin St. Mary. He lived among the people and taught them about God's love.



Later, He was crucified on the Cross on a high hill where everyone could see Him.

Two thieves were crucified with Him, one on His right and the other on His left.



On the Cross:

1. We see our Lord Jesus Christ with His arms wide open, as if He is telling us that we can always come to Him.
2. He suffered so much pain for all people. He died to save us from sin.
3. After 3 days, He rose from the dead by His own power because He is the Almighty God.
4. Through His Resurrection, He opened the gates of heaven so that we can live with Him forever.



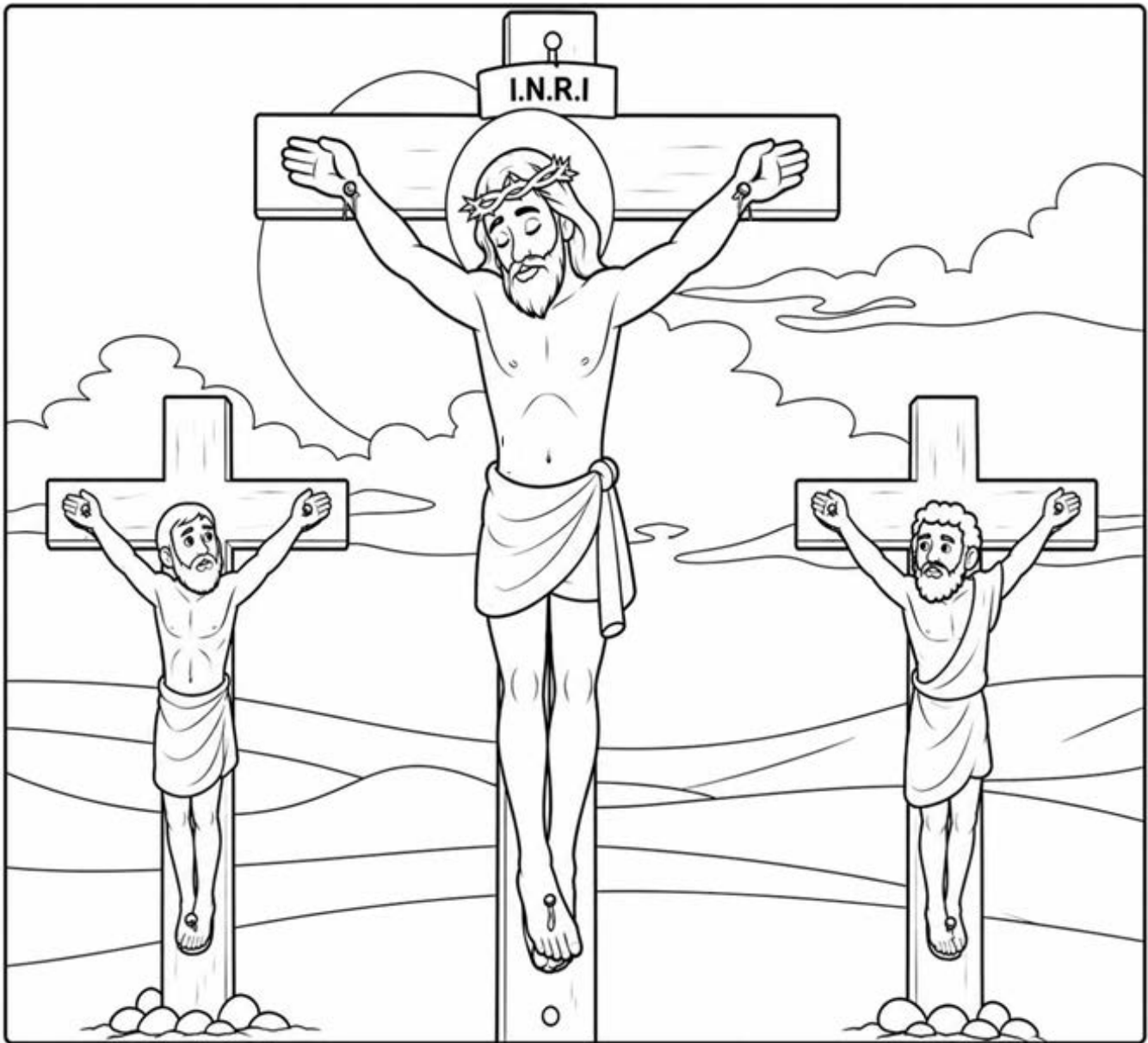
"We are more than conquerors through Him who loved us."

(Romans 8:37)



Color the Picture

The Lord Jesus Christ Died on the Cross to Save Us



"We are more than conquerors through Him who loved us."

(Romans 8:37)

The Cross in the Liturgy

The Cross in the Church

We learn how the Cross is an important part of the prayers and rites of our Church.

The Cross is a great strength for all the children of God. The Holy Bible tells us the Cross is God's power. "To us who are being saved it is the power of God." (1 Corinthians 1:18)

That is why we always use the Cross and see it in many places in the church.

Where can we see the Cross in the Church?

On Top of the Church:

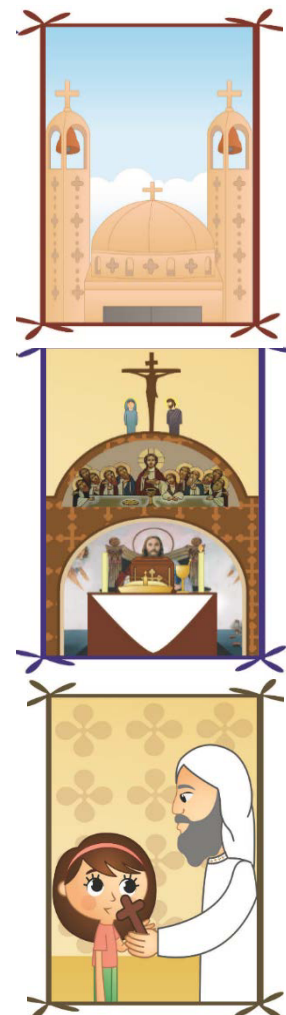
The Cross is placed high on top of the church to show everyone that we follow our Lord Jesus Christ, who was crucified on the Cross for us.

Above the Door of the Sanctuary:

The Cross is in the middle of the iconostasis above the door of the Sanctuary. It reminds us that through the Cross, the gates of heaven were opened, and all the saints now live in heaven.

In Abouna's Hand:

Abouna holds the Cross to bless the people. When we greet Abouna, we kiss the Cross in his hand.



Abouna Uses the Cross in All Prayers:

The Sacrament of Baptism:

Abouna makes the sign of the cross over the water and puts the baptized person in the water 3 times in the name of the Father, the Son, and the Holy Spirit, one God. Amen.



The Sacrament of Myron:

After Baptism, Abouna anoints the baptized person with the Holy Myron 36 times. Each anointing is made in the shape of the Cross to sanctify every part of their body.



Church Processions:

On feast days and special occasions, the deacons hold crosses and go around the church in a procession while singing beautiful hymns, rejoicing in our Lord Jesus Christ who saved us through the Cross.



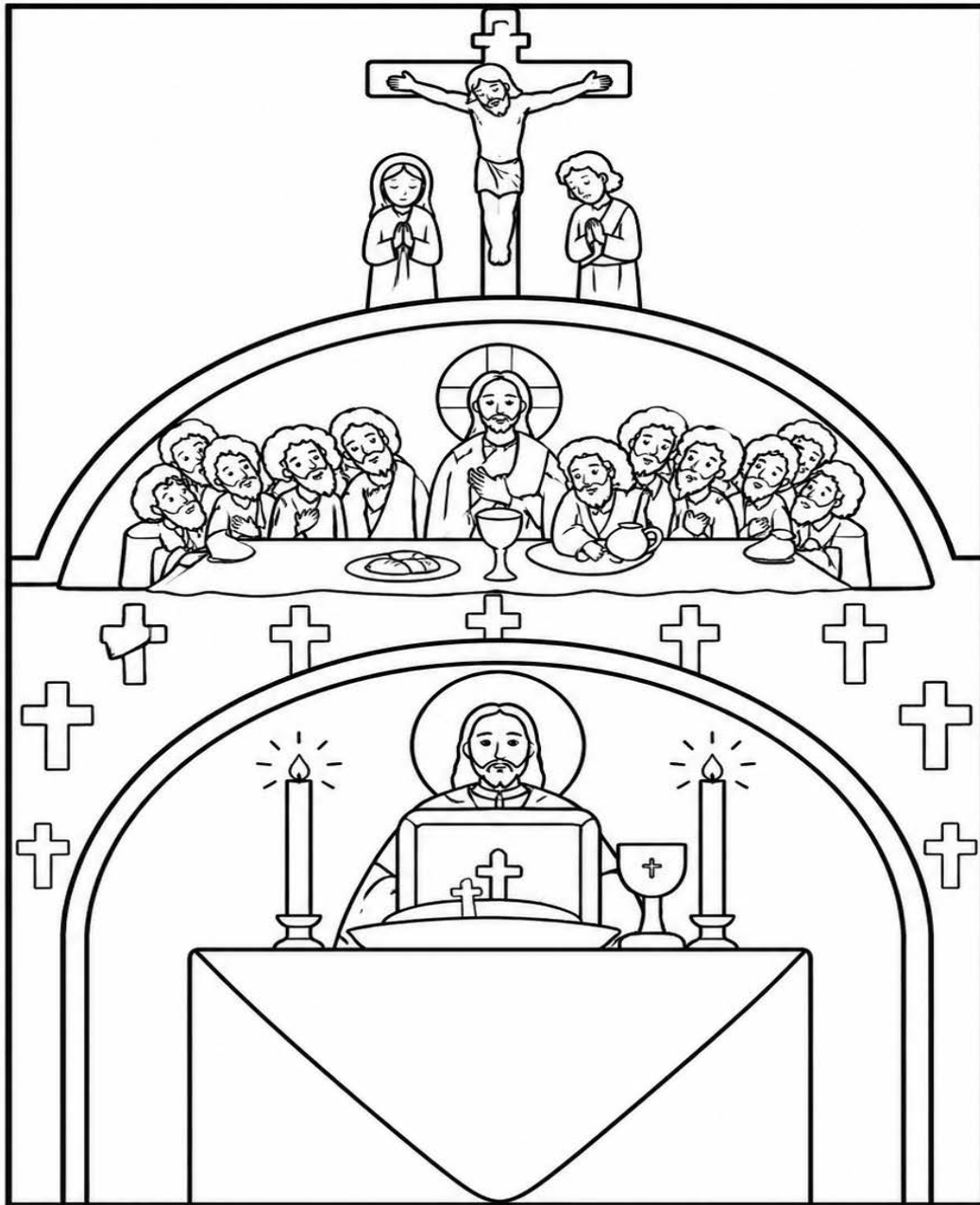
The Cross is our strength!

**"To us who are being saved it is the power of God."
(1 Corinthians 1:18)**



Color the Picture

The Cross in the Church



**"To us who are being saved it is the power of God."
(1 Corinthians 1:18)**

The Saints Lived the Cross with Spirituality

Queen Helen and the Cross

Synaxarion of the 10th of the Coptic Month of Paremhotep (March 19)

The saints loved the Cross and lived by it every day. Learning about the story of Queen Helen finding the Cross shows us how the saints honored and loved the Cross.

A long time ago, God put into the heart of Queen Helen, mother of King Constantine, to look for the Cross on which our Lord Jesus Christ was crucified. She went to Jerusalem with 3,000 soldiers.

She kept searching for the Cross until she met an old Jewish man who knew where the Cross was.



At first, the man did not want to tell her. But Queen Helen asked again and again until he told her that the Cross was buried under a big pile of trash.

The queen told the soldiers to clear the area. They dug and found 3 crosses.

There were 3 crosses because our Lord Jesus Christ was crucified with two other men, one on His right and one on His left.



Queen Helen did not know which cross was the Cross of our Lord Jesus Christ. She saw a group of people were passing by carrying a dead man. She stopped them and placed the 3 crosses on the man, one by one. When the third cross touched him, a miracle happened, and the man came back to life.



Queen Helen took great care of the Cross. She built a church called "The Church of Resurrection" and placed the Cross inside it. Many people visit this church and receive the blessing of the Holy Cross of our Lord Jesus Christ.

We celebrate 2 Feasts of the Cross:

1. On the 17th day of the Coptic month of Thoout (September 27), when Queen Helen found the Cross.
2. On the 10th day of the Coptic month of Paremhotep (March 19), during the Great Fast.



It is the celebration of the Holy Cross being placed in the church called "The Church of Resurrection."

**The Cross is our strength because
our Lord Jesus Christ was crucified on it.**

God protects His children through the power of the Cross.

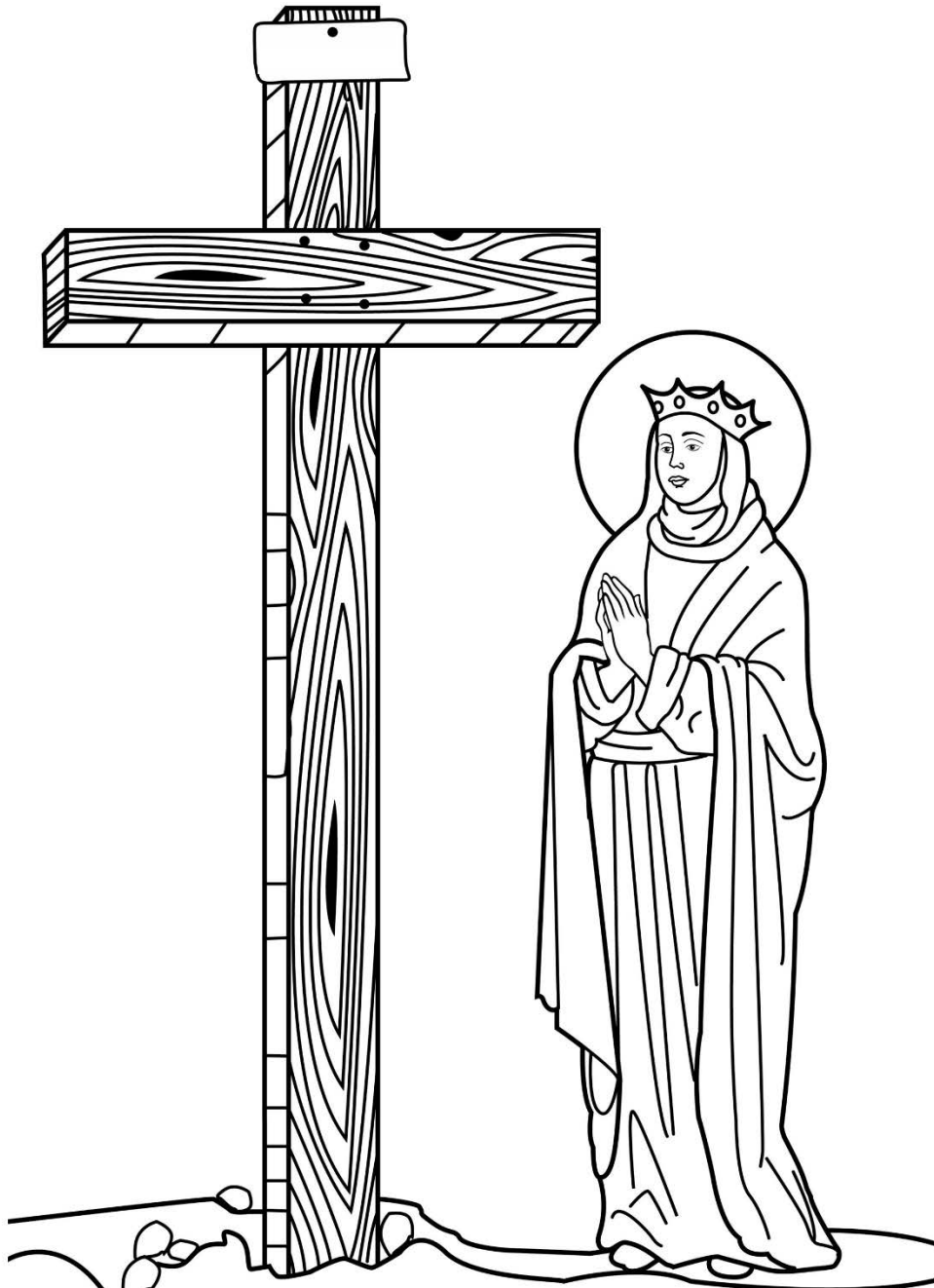
"Behold, God is my salvation, I will trust and not be afraid"

(Isaiah 12:2)



Color the Picture

Queen Helen and the Cross



"Behold, God is my salvation, I will trust and not be afraid" (Isaiah 12:2)

The Cross Leads Me to Eternal Life

St. Philip and the Eunuch of the Queen of Ethiopia

(Acts 8)

We learn how the Lord Jesus Christ saved us through the Cross and gives us eternal life.

One day, a trusted servant of the Queen of Ethiopia was in Jerusalem. He was on his way back to his country.

At that time, St. Philip was a deacon who preached and taught people about our Lord Jesus Christ.

The servant was riding in his chariot and reading the Book of Isaiah, one of the Old Testament books of the Holy Bible.

God told St. Philip to go near the chariot. St. Philip ran to him and asked, "Do you understand what you are reading?"



The man said, "How can I, unless someone explains it to me?" So he invited St. Philip to sit with him.

St. Philip explained what he was reading and told him about our Lord Jesus Christ, His crucifixion, and how He saved us.

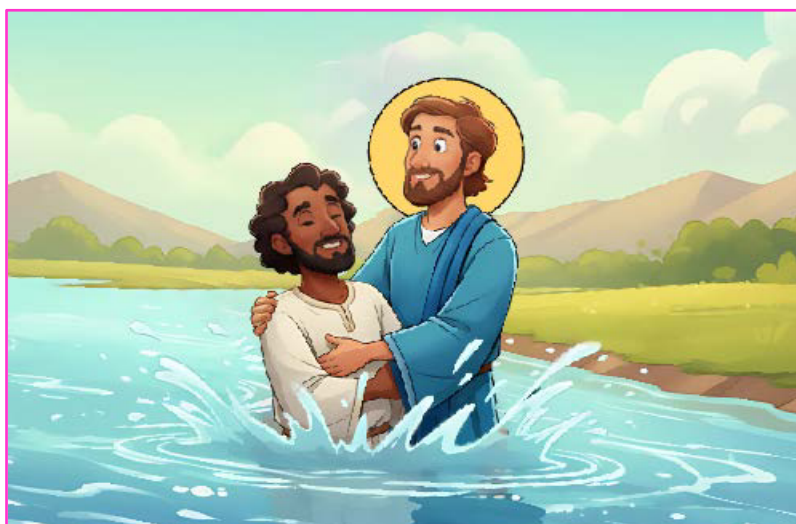
When St. Philip finished speaking, the servant was very happy and believed in our Lord Jesus Christ.

As they were traveling, they came to some water, and the servant asked to be baptized.

St. Philip told him that if he believed with all his heart, he could be baptized.

The servant answered: **"I believe that Jesus Christ is the Son of God." (Acts 8:37)**

Then St. Philip baptized him.

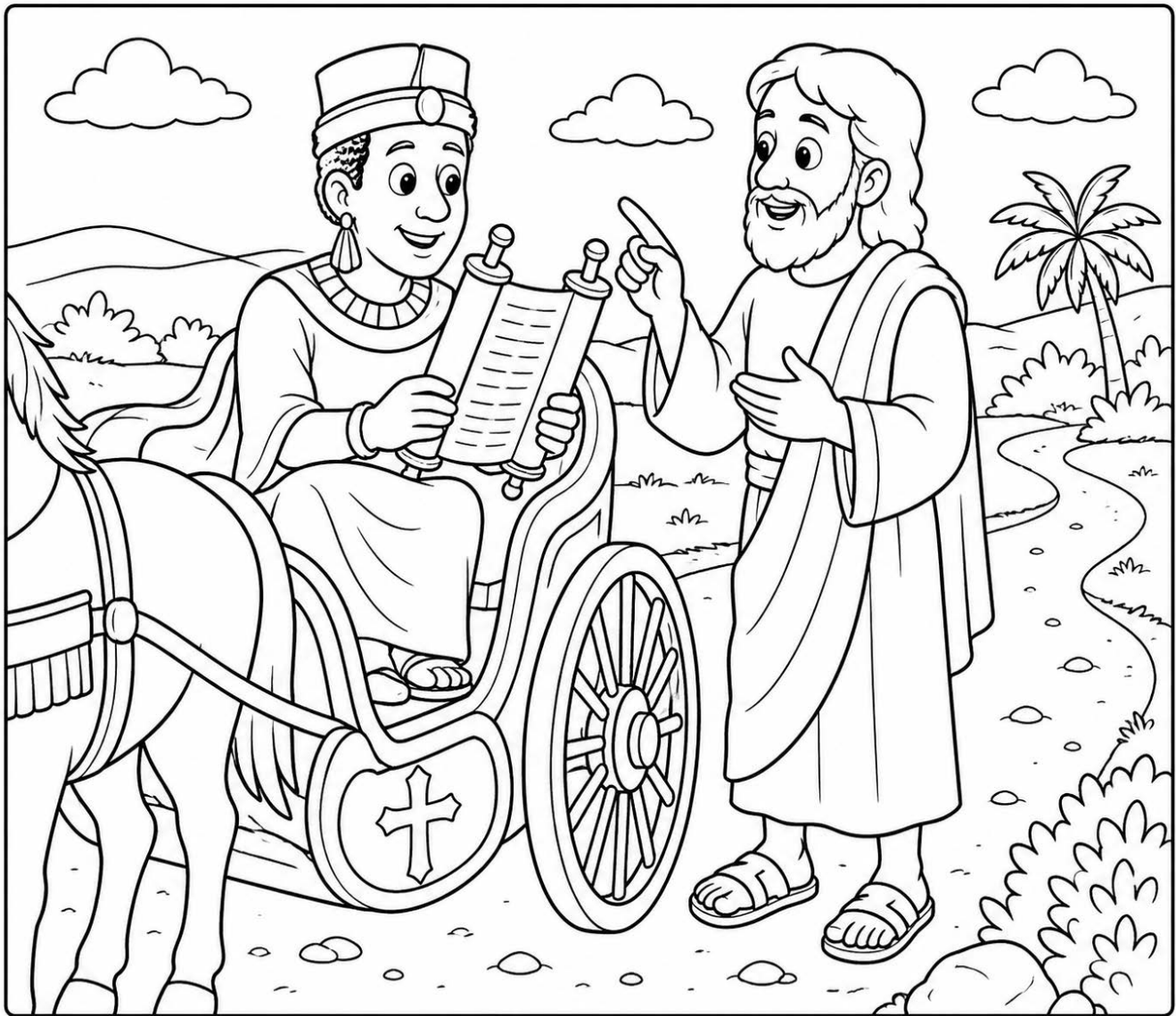


**"I believe that Jesus Christ is the Son of God."
(Acts 8:37)**



Color the Picture

St. Philip and the Eunuch of the Queen of Ethiopia



"I believe that Jesus Christ is the Son of God."

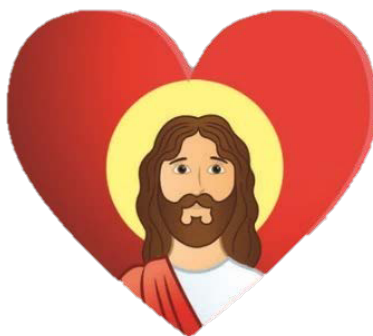
(Acts 8:37)

Memorization

1. "Yet in all these things we are more than conquerors through Him who loved us." (Romans 8:37)

2. Psalm 99 of 9th Hour of the Agpeya (None)

Shout joyfully to the Lord, all the earth.
Serve the Lord with gladness;
come into His presence with exultation.
Know that the Lord Himself is our God;
He made us, and not we ourselves;
we are His people, and the sheep of His pasture.
Enter into His gates with thanksgiving,
and His courts with praise;
give thanks to Him, praise His name.
For the Lord is good;
His mercy is forever,
and His truth is from generation to generation.
ALLELUIA.



Coptic

Coptic Alphabet

Know the shape and name of the letter

Letter	Name of Letter	Pronunciation	Letter	Name of Letter	Pronunciation
Ⲁⲁ	Alpha	A	Ⲡⲡ	Pee	P
Ⲃⲃ	Veeta	B, V	Ⲣⲣ	Ro	R
Ⲅⲅ	Gamma	G, N, Gh	Ⲇⲇ	Seema	S, Z
Ⲉⲉ	Delta	D, Th (the)	ⲉⲑ	Tav	T
Ⲋⲋ	Eyy	E	ⲓⲔ	Epsilon	V, I, (oo)
ⲍⲎ	So-oo	number 6	ⲕⲌ	Fey	F
ⲏⲐ	Zeeta	Z	ⲍⲎ	Key	K, Kh, Sh
ⲑⲒ	Eeta	Ee	ⲏⲐ	Epsee	Ps
ⲓⲔ	Theeta	Th (think), T	ⲑⲒ	O-Long	Oo
ⲕⲌ	Yota	I, Y	ⲓⲔ	Shai	Sh
ⲍⲎ	Kappa	K	ⲕⲌ	Fai	F
ⲏⲐ	Lavla	L	ⲍⲎ	Khai	Kh
ⲑⲒ	Mey	M	ⲏⲐ	Hori	H
ⲓⲔ	Ney	N	ⲑⲒ	Ganga	G, J
ⲕⲌ	Eksee	Ks	ⲍⲎ	Cheema	Ch
ⲏⲐ	O-Short	O	ⲏⲐ	Tee	Tee

In the Church



Ουρηβ
Priest



Διακων
Deacon



΄Αφοτ
Chalice



΄Θρηρ
Patten



Ψορλε
Candle



Ψκελκιλ
Bell

On my face



Βαλ
Eye



Παυχ
Ear



Ψαι
Nose



Ρω
Mouth



Λαc
Tongue



Παχχι
Teeth

Fruits



Φεῶ

watermelon



Αλολι

grapes



Αλλωκι

banana



Χεμφεζ

apple

Conversation



Boy

Ду пе пекран?

What is your name?

Girl

Ду пе перан?

What is your name?

Паран пе _____
My name is _____

The Sign of the Cross

Ἦεν ἕφραν	In the name
ἕφρωτ	of the Father
νευ	and
ἕπρωρι	the Son
νευ	and
Πῖπνευμα Ἐθουαβ	the Holy Spirit
Ουνουτ	one
Ἄουωτ	God
Ἄμεν	Amen



Verses from the Holy Bible

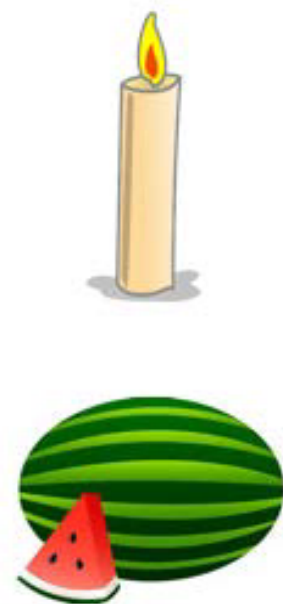
Φνουτ ουαβαπη πε God is love

Ἄνοκ πε ἕπερῆρωτ It is I, do not be afraid

Let's Review

Fruits		At Church		On My Face	
Φεδ	Watermelon	Οτηβ	Priest	Βαλ	Eye
Αλολι	Grapes	Διακων	Deacon	Υαυχ	Ear
Αλλωκι	Banana	`Αφοτ	Chalice	Ψαι	Nose
Χεμφεε	Apple	`Θρηρ	Patten	Ρω	Mouth
		Ψογλε	Candle	Λαε	Tongue
		Ψκελκιλ	Bell	Μαχει	Teeth
<p>Αω πε πεκραν? What is your name? (boy)</p>			<p>Παραν πε .. My name is</p>		
<p>Αω πε περαν? What is your name? (girl)</p>					

Match the picture to the correct word.



Hymns & Rituals



The Paschal Praise (ΘΩΚ ΤΕ ΨΧΟΥ)

Rite: Holy Pascha Week is the week when the Lord Jesus Christ was crucified and died on the Cross to save us, and then He rose on the third day.

Every day of Pascha week has five prayers: 1st Hour, 3rd Hour, 6th Hour, 9th Hour, 11th Hour.

In every hour, the Paschal Praise is chanted 12 times.

Participants should record the hymn in Coptic or English with the slow tune that is usually said in the last repetition.

Lord have mercy	ΚΥΡΙΕ ΕΛΕΗΣΟΝ
Thine is the power, the glory, the blessing, the majesty forever. Amen. Immanuel our God and King.	ΘΩΚ ΤΕ ΨΧΟΥ ΝΕΜ ΠΙΩΟΥ ΝΕΜ ΠΙΣΜΟΥ ΝΕΜ ΠΙΑΜΑΖΙ ΨΑ ΕΝΕΖ ΑΜΗΝ: ΕΜΜΑΝΟΥΗΛ ΠΕΝΝΟΥΨ ΠΕΝΟΥΡΟ.
Thine is the power, the glory, the blessing, the majesty forever. Amen. My Lord Jesus Christ, my Good Savior. The Lord is my strength, and my praise, He has become to me a sacred salvation.	ΘΩΚ ΤΕ ΨΧΟΥ ΝΕΜ ΠΙΩΟΥ ΝΕΜ ΠΙΣΜΟΥ ΝΕΜ ΠΙΑΜΑΖΙ ΨΑ ΕΝΕΖ ΑΜΗΝ: ΠΑΘΟΙΣ ΙΗΣΟΥΣ ΠΙΧΡΙΣΤΟΣ: ΠΑΣΩΤΗΡ ΝΑΣΑΘΟΣ: ΤΑΧΟΥ ΝΕΜ ΠΑΣΜΟΥ ΠΕ ΠΒΟΙΣ: ΑΦΩΠΙ ΝΗΙ ΕΥΣΩΤΗΡΙΑ ΕΦΟΥΑΒ.
Thine is the power, the glory, the blessing, the majesty forever. Amen.	ΘΩΚ ΤΕ ΨΧΟΥ ΝΕΜ ΠΙΩΟΥ ΝΕΜ ΠΙΣΜΟΥ ΝΕΜ ΠΙΑΜΑΖΙ ΨΑ ΕΝΕΖ ΑΜΗΝ.





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and information on the tests

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